Let's Play Ball!

Adult Slow Pitch Softball
For Men 50+ and Women 40+
Tuesday/Thursday Morning Games
Good Exercise, Good Friendships, Good Times





April through October

*Assessments, no tryouts

* 3 conferences based on skill level

*Conditioning Programs

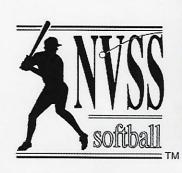
*Annual Breakfast and Picnic

*Batting practice on nonplay dates











Join Now!

Visit nvss.org
Or call
Artie 336-596-6960

Northern Virginia Senior Softball